

## **ABOUT**

Mama Agape is a Myrrhophore and a Reiki Master Teacher who specializes in the Movement of Energy, Sacred Plant Medicine, and Ritualistic Ceremonies.

She is certified in Tibetan/ Usui Reiki, Blue Star Celestial Healing, Karuna Reiki, and Holy Fire® Reiki.

She incorporates Shamanic Techniques, Sound / Vibrational Healing, Crystal Healing, and Color Healing in her practices.

She also offers the unique Energy experiences of Sacred Cacao, Hape', Blue Lotus, Kava, and many essential oils as supportive elements in her work.

#### CONTACT US

jenny@mamaagape.com www.mamaagape.com

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## **APPOINTMENTS**

www.mamaagape.com/services

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## CLASSES & EVENTS

www.facebook.com/mamaagape

And in these meet-up groups:
Reiki Academy Spiritual Events
Arizona Spiritual Friends & Events
Divine Spiritual Essence





## JENNY MITCHELL

# MYRROPHORE & REIKI MASTER

HEALER, TEACHER, AND AUTHOR

## **DISTANCE REIKI**

Distance Reiki is a healing technique that uses the same principles of traditional Reiki but without the need for physical contact. Reiki practitioners can channel healing energy through the power of intention, allowing the client to receive the healing energy from a distance.

During a distance Reiki session, the focus is on your energetic field and sending healing energy to the relevant areas. You will often experience a feeling of relaxation and balance, and may also feel the energy in other areas of your body.

Distance Reiki can be used for a variety of issues, such as physical pain, emotional distress, or spiritual healing. It can also be used to help you connect more deeply to your higher self, allowing you to release old patterns and beliefs that no longer serve you.



A SPECIAL
PLACE FOR
MIND, BODY,
& SPIRIT.

## **LOCATIONS**

Mama Agape is located in Tolleson, Phoenix, Arizona. where she sees Clients, Family, and Friends in her home Healing Space and Sanctuary.

Her location offers access to a Sanctuary where group events such as Sacred Cacao Ceremonies, Sound Baths, Meditations, Women's Circles, Reiki Certifications, and Metaphysical Teachings occur.

You can often find Mama Agape hosting events at the Reiki Academy in Phoenix.

Mama Agape offers Distance Reiki, Virtual Classes, and Meetups Via several online applications.

She is Fully Mobile and can come to your home in the Valley for Property Clearing & Blessings and Animal Reiki.